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JUNE 2021

REPEAT DAY - THE BEST CONTENT FROM THE LAST TWO YEARS

June 3 is National Repeat Day in the U.S., and we're having some fun with this little-known holiday in our latest newsletter.

Looking back at the last two years of content, we're repeating the articles most relevant to our present moment. Before anyone was talking about COVID-19, we were writing about hybrid work models, political polarization, digitalization and health. The content sparks with new meanings today.

Find out what happened when a business switched to a 5-hour work day and learn about one newspaper's attempt to get people talking across political divides. Revisit a 2019 event on digitalization, universities and remote education with us and read an interview with a psychotherapist who investigates how stress caused by living in cities affects our bodies, minds and lives.

Now, should we just repeat this intro for you? 😊 Happy, Repeat Day. Enjoy.

SPOTLIGHT



Stress and the City

In February 2020 we sat down with Freie Universität psychotherapist Dr. Mazda Adli to chat about social isolation, urban life and the new field of "neurourbanism" he's championing. Little did we know what was coming! Revisit the interview and hear his tips.

→ [More](#)

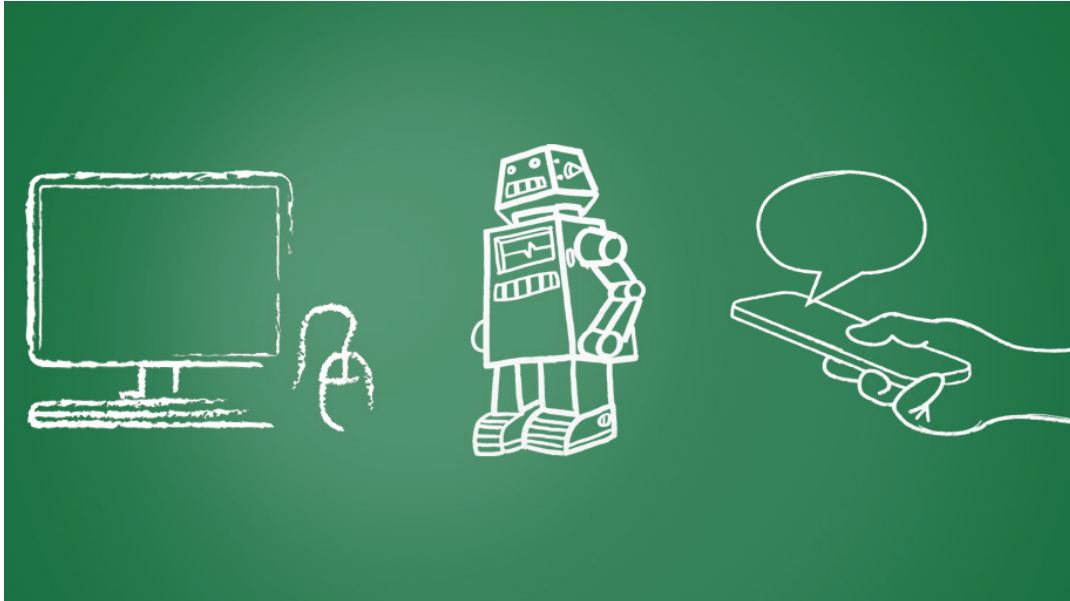
WHAT'S NEW



The 5-Hour Work Day

Back in 2017, a Bielefeld-based consulting firm trimmed employees work days from eight hours to five. Learn what happened and explore flexible, future work models with us in this March 2020 article.

→ [More](#)



How Should Universities Navigate Tech Shifts?

In October 2019, four experts gathered to discuss the implications of universities' lagging attempts to embrace new technologies. Was the problem improved or only made more obvious by the pandemic?

→ [More](#)



How to Talk Across Political Divides

In 2017, Zeit Online created a program to get people to talk to each other across political divides. The question that inspired the project: why do facts not change our opinions? See what they learned.

→ [More](#)

UPCOMING EVENTS

Post-Pandemic Public Spaces 

Thursday, June 10 (12 PM EDT / 6 PM CEST)
LIVE Web-Talk



Post-Pandemic Public Spaces

The pandemic has fundamentally changed how urban residents think of their cities and public spaces. Explore the future design, use and perceptions of public and digital space with us and Campus OWL **June 10 at 12 PM EDT**.

→ [More](#)

THE LATEST FROM OUR SUPPORTERS



Universität Hamburg

DER FORSCHUNG | DER LEHRE | DER BILDUNG

News from Hamburg

Join a [livestream](#) with a Nobel laureate in economics and hear about a coronavirus [research hub](#) and [support](#) for early researchers in ultrafast imaging.



Fellowship for Prospective Leaders

Applications are open for the Alexander von Humboldt Stiftung's German Chancellor Fellowship.

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